

**Think Differently: A New Approach for Parenting, Teaching and Treating  
Children with Behavioral Challenges**

**O’Keefe Auditorium • Blake Building  
Massachusetts General Hospital • 55 Fruit St • Boston, MA.**

**Friday, March 12th, 2010  
9:00 A.M. – 4:00 P.M.**

**WORKSHOP OVERVIEW**

Think:Kids and the Department of Psychiatry at Massachusetts General Hospital (MGH) is pleased to offer a one-day training program featuring Dr. Stuart Ablon, Director of Think:Kids, and Beth Edelstein, Director of Outreach and Support. This one-day introductory training is intended for parents, clinicians and educators interested in learning about the innovative and evidence-based approach to understanding and helping children and adolescents with behavioral challenges described in the acclaimed book, *Treating Explosive Kids: The Collaborative Problem Solving Approach*.

The approach provides a new way of understanding and helping kids who struggle with behavioral challenges. Challenging behavior has traditionally been thought of as willful and goal oriented which has led to approaches that focus on motivating better behavior using reward and punishment programs. If you’ve tried these strategies and they haven’t worked, this workshop is for you! At Think:Kids we have some very different ideas about why these kids struggle. Research over the past 30 years demonstrates that for the majority of these kids their challenges result from a lack of crucial thinking skills when it comes to things like problem solving, frustration tolerance and flexibility. Our approach, therefore, focuses on helping adults teach the skills these children lack while resolving the chronic problems that tend to precipitate challenging behavior.

Through lecture, videos, case examples and role plays this one-day training will help you shift your thinking and approach to foster positive relationships with these children and encourage growth in areas of self-regulation, communication and problem solving.

**WORKSHOP AGENDA**

<b>8:15-9:00</b>	Registration and Continental Breakfast
<b>9:00-10:30</b>	Philosophy and the Power of Conventional Wisdom
<b>10:30-10:45</b>	Break
<b>10:45-12:00</b>	Pathways to Challenging Behavior: Identifying Triggers and Lagging Thinking Skills
<b>12:00-1:00</b>	Lunch ( <i>on your own</i> )
<b>1:00-2:15</b>	The Plans: Your Three Options for Responding to Problems
<b>2:15-2:30</b>	Break
<b>2:30-3:30</b>	Plan B: Solving Problems and Teaching Skills Collaboratively
<b>3:30-4:00</b>	Question and Answer / Further Resources

**WORKSHOP DETAILS**

<b>Location</b>	Massachusetts General Hospital (MGH), O’Keefe Auditorium, Blake Building (first floor), 55 Fruit Street, Boston, MA. For map of MGH campus, go to: <a href="http://www.mgh.harvard.edu/assets/pdf/main_campus_map.pdf">www.mgh.harvard.edu/assets/pdf/main_campus_map.pdf</a> .
<b>Directions</b>	Visit: <a href="http://www.mgh.harvard.edu/visit/default.aspx">www.mgh.harvard.edu/visit/default.aspx</a> and click on <a href="#">google map</a> or <a href="#">directions</a> .
<b>Transportation</b>	MGH is accessible by car and public transportation. Parking is available at the MGH (Parkman and Fruit Street) Garages for \$40/day. Check other area garages at: <a href="http://www.boston.bestparking.com/index.php">www.boston.bestparking.com/index.php</a> ( <i>click on Boston, then West End neighborhood</i> ).

## WORKSHOP REGISTRATION

<b>Fee</b>	<p><b>Registration Fee:</b>  Professional Rate.....\$99/person (<i>*includes CEUs or certificate of attendance</i>)  Parent Rate.....\$89/person  <i>Note: Should you require tuition assistance, please email: <a href="mailto:info@thinkkids.org">info@thinkkids.org</a> or call 617-643-6030 regarding potential funding sources.</i></p>
<b>*Accreditation</b>	<p><b>Teachers:</b> A certificate of attendance will be issued for 5 contact hours that can be submitted to the Massachusetts Dept. of Elementary and Secondary Education for approval with another training (5 hours or greater). (PDPS can only be issued for a single or multiple trainings that are a minimum of 10 contact hours).  <b>Social Workers:</b> An application has been submitted for 5 continuing education credits to the NASW Collaborative of Boston and Simmons College.  <b>Licensed Mental Health Counselors:</b> An application has been submitted to MMCEP for 5 continuing education credits.  <b>Licensed Marriage and Family Therapists:</b> An application has been submitted to Family Development Associates/Continuing Education Certificates for 5 continuing education credits.  <b>Nursing, Occupational Therapy, Speech Therapy, Other:</b> A certificate of attendance will be provided that can be submitted to the corresponding professional organization for consideration.</p>
<b>Deadline</b>	No walk-ins accepted, please register early!
<b>Cancellations</b>	Non-refundable. Substitutions are permitted.
<b>Confirmation</b>	Email confirmation will be sent when registration and payment are received.
<b>Questions</b>	Email: <a href="mailto:info@thinkkids.org">info@thinkkids.org</a> or call 617-643-6030

**Think:Kids**

151 Merrimac Street, Suite 300 • Boston, MA 02114

Tel: 617-643-6030, Fax: 617-643-6050

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Please mail completed form(s) with check made payable to Think:Kids at MGH to:

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*(Please print clearly and use a separate form for multiple registrants)*

Name: \_\_\_\_\_

I will be attending as a: *(check all those that apply)*:  Parent  Clinician  Educator  
 Other \_\_\_\_\_

Position/Title (if applicable): \_\_\_\_\_

Organization Name (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

I heard about the workshop from:  Email  Mail  Website  Friend  Other

**REGISTRATION PAYMENT AND CEU FEES**

\$ \_\_\_\_\_ Professional Registration Fee: **\$99**/person . Please indicate discipline(s) for which you wish to receive CEUs/Certificate of Attendance:

- Social Work (CEUs)
- Licensed Mental Health Counselors (CEUs)
- Marriage and Family Therapists (CEUs)
- Psychologists (CEs)
- Nursing (Certificate of Attendance)
- Educators, Occupational Therapy, Speech Therapy, Other (Certificate of Attendance)

\$ \_\_\_\_\_ Parent Registration Fee : **\$89**/person

**REGISTRATION METHOD**

- My check (payable to Think:Kids at MGH) is enclosed.
- Purchase Order #: \_\_\_\_\_ . (A copy of the purchase order must be attached)

*Note: Sorry, we are unable to accept credit card payments*

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