

CPS-AIM-P (v2)

SUBJECT ID: _____

Date: _____

Please honestly reflect on the degree to which each of the following statements **CURRENTLY** applies to you and your relationship with your child. Focus on how you have been feeling **IN THE PAST MONTH**.

Strongly Agree 1	Agree 2	Agree a Little 3	Neutral/ Not Sure 4	Disagree a Little 5	Disagree 6	Strongly Disagree 7
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1.	My child and I frequently struggle with each other.	1	2	3	4	5	6	7
2.	My child chooses to act out in order to get out of doing things he/she doesn't like.	1	2	3	4	5	6	7
3.	My child's behavior toward me is unpredictable.	1	2	3	4	5	6	7
4.	Dealing with my child drains my energy.	1	2	3	4	5	6	7
5.	The struggles I have with my child are very intense.	1	2	3	4	5	6	7
6.	I cannot predict my child's meltdowns or tantrums.	1	2	3	4	5	6	7
7.	My child intentionally pushes my buttons or manipulates me.	1	2	3	4	5	6	7
8.	I am at my maximum stress level when I am with my child.	1	2	3	4	5	6	7
9.	I don't understand why my child explodes or implodes.	1	2	3	4	5	6	7
10.	My child could behave better if he/she just worked harder at it.	1	2	3	4	5	6	7
11.	My child behaves in negative ways in order to get attention.	1	2	3	4	5	6	7

Please take a minute and reflect upon your interactions with your child in the last month, especially any challenging incidents. Consider what you expected him/her to do, what your child did instead, and how you reacted.

Please use one or two keywords to describe what you expected your child to do at those moments. List up to five incidents in the last month. (Example: brush teeth)

1. _____; 2. _____; 3. _____; 4. _____; 5. _____.

Now, please answer the following questions: When your child did not do what you expected him/her to do, how often did you engage in each of the following strategies during the last month?

	Parenting Response	1 Not at all	2 Rarely	3 Occasion ally	4 Half of the time	5 Frequently	6 Very frequently	7 Most of the time
1	Stuck to my rules and did not change my mind.							
2	Offered my child something nice if s/he did what I expected.							
3	Reminded my child of the consequences if s/he didn't do what I asked.							
4	Was curious about my child's perspective, and asked why s/he had trouble doing what I expected.							
5	Shared with my child why the expectation was important to me.							
6	Came up with a solution with my child that addressed both my needs and hers/his.							
7	Chose not to address the problem at that moment.							
8	Took care of the problem myself at that moment.							
9	Planned to talk with her/him about it another time.							